

# Hiking program Santiago summer 2019



We'll inform you about the geology, history, culture, fauna and flora of La Gomera on all hikes.

## TUESDAY: The Rain Forest (El Cedro)

Through the National Park to the Green Heart of the island! On this botanically guided hike we receive information about the relations between mosses, lichen and trees in this unique tropical mountain forest, the world cultural heritage of mankind. Passing the best-known pilgrimage chapel of the island, we reach the Green Heart of La Gomera; we have short breaks at both places. The hike ends at an old sough, where the bus is waiting for us (no opportunity for a break at a restaurant).

↑ 280 m ↓ 700 m appr. 4 h      10 km      Start Timah bus: 9.30 a.m.      Return at appr. 3.30 p.m.      € 35.00



## WEDNESDAY: Foto & tour of the Island

Today, we explore some of the most spectacular viewpoints of *La Gomera*. Our charter bus brings us up into the mountains, where at *La Laguna Grande* we will take our first walk inside the National Park. The bus subsequently takes us to the "holy springs of Epina" and then on to *Vallehermoso*, the former cultural nucleus of the Island. After a brief visit to the village on foot we proceed towards the "Skywalk", a glass balcony that offers stunning views of the laid-back village of *Agulo* far below, as well as of *Mount Teide* on Tenerife. A snack of "tapas" and a demonstration of "El Silbo", the unique whistling language, rounds off this experience. On our way back we stop at "Los Roques", a viewpoint onto a bizarre scenery with several ancient volcanic plugs. This day full of impressions and contrast finally ends back in *Santiago*.

↑ 10 m ↓ 50 m      Start Timah bus: 9.30 a.m.      Return at appr. 5.00 p.m.      € 35.00



## FRIDAY: The Forest of Fables

Today we start our hike at the pottery village of El Cercado. But after a short while we already reach the oldest part of the laurel forest. Surrounded by wafts of mist we pass moss- and lichen-grown trees until we reach our picnic site in the middle of the forest. We continue our hike through this mystic part of the forest until we step into the warming sunlight again. After the hike we ride to the Valle Gran Rey, where we have time for a walk-through.

↑ 180 m ↓ 180 m appr. 3.5 h      9 km      Start Timah bus: 9.30 a.m.      Return at appr. 4.30 p.m.      € 35.00



### Advantages of our guided hikes:

No circular hikes - all transfers included - qualified English speaking hiking guides

**Offer of the season! Each third hike for only € 30**

**Reservation online, with your travel guide or at the reception of the Hotel.**

Please take with you: hiking shoes, backpack, protection against rain and sun, pullover, windbreaker, snack and 1.5L water.

Meals and drinks at restaurants (see program) are not included in the price, appr. € 10 additionally.

We reserve the right to change the hikes at short notice, e.g. due to bad weather!

Timah Shop Tel. / Fax: 0034/922 80 70 37      Mobile/SMS/ WhatsApp: 0034 616 47 22 50  
[info@timah.net](mailto:info@timah.net)      [www.timah.net](http://www.timah.net)