

# Hiking program Santiago 2018- 2019



We'll inform you about the geology, history, culture, fauna and flora of La Gomera on all hikes.

## MONDAY: Foto safari and Joy Hiking

Today we'll discover the spectacular viewpoints of La Gomera via bus and by foot. First we ride to San Sebastián and look for subjects in the historic centre while we follow in the footprints of Christoph Columbus and the Spanish conquistadores. Later we'll ride on northwards, pausing for foto stops at spectacular "miradores". Having arrived in Las Rosas, we'll hike for about 30 minutes through the "martian landscape" in order to reach the awesome "Skywalk" of Agulo. Here we'll enjoy our tapas with a great view of Tenerife and the Teide. Afterwards the bus will take us up to the national park where we'll experience the Garajonay on another small hike before we ride back to the South of the island.

↑ 50 m ↓ 50 m Start Timah bus: 9.30 a.m. Return at appr. 5.00 p.m. € 35.00



## TUESDAY: The Rain Forest (El Cedro)

Through the National Park to the Green Heart of the island! On this botanically guided hike we receive information about the relations between mosses, lichen and trees in this unique tropical mountain forest, the world cultural heritage of mankind. Passing the best-known pilgrimage chapel of the island, we reach the Green Heart of La Gomera; we have short breaks at both places. The hike ends at an old sough, where the bus is waiting for us (no opportunity for a break at a restaurant).

↑ 280 m ↓ 700 m ⌚ appr. 4 h 10 km Start Timah bus: 9.30 a.m. Return at appr. 3.30 p.m. € 35.00



## WEDNESDAY: Tour of the Island

Together we explore the island by bus and thereby discover the most important landmarks of La Gomera. After a first stop at the Roques we ride into the national park with direction to the north. On our way we'll take a short walk, afterwards we ride to the village of Agulo, the „Bombón de La Gomera“, situated on a plateau. On we go to the visitors' centre of the island, where we have lunch together. Then we ride to the "holy" springs of Epina via Vallehermoso. On our way back we stop at the potters of El Cercado, whom we'll look over the shoulders. A day full of impressions and contrasts ends with our return to Santiago.

↑ 10 m ↓ 50 m Start Timah bus: 9.30 a.m. Return at appr. 5.00 p.m. € 35.00



## THURSDAY FLEX: The Northern Coast

(Date: 11.10./ 25.10./ 08.11./ 22.11./ 06.12./ 20.12./ 03.01./ 17.01./ 31.01./ 14.02./ 28.02./ 14.03./ 28.03./ 11.04./ 25.04./ 09.05./ 23.05.)

Our motto for today: Bananas & Beach. We start in the middle of the banana fields in Hermigua, in the presumably "healthiest climate worldwide" and get to know lots of interesting facts about the banana industry on La Gomera. From here we hike up to the mountain ridge of Los Montes and enjoy the views of the wide green valley while we hike on a ridge path. After the break we continue our way, passing old houses and terraces. until we reach the beach of La Caleta. There our hike ends at the beach bar; if the weather is good, we can refresh during a bathing break.

↑ 300 m ↓ 400 m ⌚ appr. 4 h 10 km Start bus: 9.30 a.m. Return at appr. 5.30 p.m. 35.00 €



## THURSDAY FLEX: The Table Mount Argodey

(Date: 18.10./ 01.11./ 15.11./ 29.11./ 13.12./ 27.12./ 10.01./ 24.01./ 07.02./ 21.02./ 07.03./ 21.03./ 04.04./ 18.04./ 02.05./ 16.05./ 30.05.)

Come with us today through the canyon region of La Gomera. On our way to Igualeto, the village with the highest location on the island, we'll pass palm trees, agaves, figs and almond trees. Then we continue our way to La Fortaleza, the cult mountain of the Gomeros. While hiking we'll pass a bizarre, almost alpine mountain landscape with very impressive deep slopes which show the unique build of the island. After a break we will continue our hike on the impressive path to La Fortaleza, our destination for today. If the weather allows it, we'll climb the mountain. After having finished the tour we'll take a refreshment at a bar.

↑ 350 m ↓ 350 m ⌚ appr. 4 h 9 km Start Timah bus: 9.30 a.m. Return at appr. 4.00 p.m. € 35.00



## FRIDAY: The Forest of Fables

Today we start our hike at the pottery village of El Cercado. But after a short while we already reach the oldest part of the laurel forest. Surrounded by wafts of mist we pass moss- and lichen-grown trees until we reach our picnic site in the middle of the forest. We continue our hike through this mystic part of the forest until we step into the warming sunlight again. After the hike we ride to the Valle Gran Rey, where we have time for a walk-through.

↑ 180 m ↓ 180 m ⌚ appr. 3.5 h 9 km Start Timah bus: 9.30 a.m. Return at appr. 4.30 p.m. € 35.00



### Advantages of our guided hikes:

No circular hikes - all transfers included - qualified English speaking hiking guides

**Offer of the season! Each third hike for only € 30**

**Reservation online, with your travel guide or at the reception of the Hotel.**

Please take with you: hiking shoes, backpack, protection against rain and sun, pullover, windbreaker, snack and 1.5L water.

Meals and drinks at restaurants (see program) are not included in the price, appr. € 10 additionally.

We reserve the right to change the hikes at short notice, e.g. due to bad weather!

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